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Ronald McDonald House Charities Vision: ***We believe that when you change a child's life, you change a family's, which can change a community, and ultimately the world.***

{Juno Beach}, October 15th, 2010 – Loggerhead Fitness agrees with this philosophy... Loggerhead is collecting the tops of soda cans from members and non-members in an effort to contribute to the RMHC program: Pop Tab Collection. After the tabs are collected, the local RMHC Chapter brings the collection to local recycling centers, where they are weighed to determine their value. The recycling center then sends the local RMHC Chapter a check for the total value; these values can be quite significant.

Since 1974 Ronald McDonald House programs have been providing families stability and resources so they can keep their child healthy and happy. Whether those problems involve how to stay near and support a hospitalized child, how to afford staying together in another city while a child is undergoing treatment, or even getting basic medical and dental care in a vulnerable community.

"It's a great cause and an excellent way for us all to contribute. For those of us who are blessed with good health, I think we owe it to those who are struggling to do what we can. This is easy; what those children and parents have to endure is the hard part. I invite everyone to participate!" Rick Opton, owner of Loggerhead Fitness.

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Loggerhead Fitness is located at 901 Donald Ross Road, Juno Beach, 33408
561.625.3011

