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## FOR IMMEDIATE RELEASE

## Loggerhead Fitness donates to Hospice of Palm Beach County

{Juno Beach}, September 03, 2013 — Each month for the past four, Loggerhead Fitness, a boutique fitness club located in Juno Beach, has donated 10% of their enrollment fees to a different charity each month. For July, Hospice of Palm Beach County was chosen. "Hospice of Palm Beach County Foundation is grateful to Loggerhead Fitness and their members," said Hospice of Palm Beach County Foundation President Greg E. Leach. "We appreciate their support, their belief in our mission, and the difference this event will ultimately make in the lives of our patients, the families we serve, and the entire community."

'We've always felt the pull to give back to this community in whatever way we could; this is something we feel is very important: to connect locally and to help each other with our business goals.' Said owner, Rick Opton.

Loggerhead caters to an aging population; so much so that their trainers are all trained specifically in age-related issues such as joint pain and replacement, as well as functional training to keep clients moving, walking, and enjoying a better physical experience every day.

When asked if this was a reason for the choice of Hospice, Mr. Opton had this to say, 'It's a fact that we may all need Hospice in our lives for a family member or a friend down the road. I like the fact that we paid it forward with such an important, worth-while charity as Hospice of Palm Beach County Foundation.'

Hospice of Palm Beach County Foundation (www.hpbcf.org) is the philanthropic arm of Spectrum health, Inc. and its subsidiaries. The Foundation is dedicated to raising funds to support the unfunded patient programs and services offered by Hospice of Palm Beach County which are not covered by Medicare, Medicaid or private insurance.

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Loggerhead Fitness is located at 901 Donald Ross Road, Juno Beach, FL 33408, 561.625.3011