

Media Contact: Botanileeko Marketing & Public Relations RebeccaValenza@aol.com 561.707.1869

FOR IMMEDIATE RELEASE

Like a healthy muscle, Loggerhead Fitness Grows and Expands

{Juno Beach}, October 10th, 2014 – After nine years in business and spectacular growth even through what was a downed economy, Loggerhead Fitness has poured over \$200,000 into renovating and enlarging the space that houses over 1400 active members each month.

'We had the need to make more room for our personal trainers so that they're clients were comfortable, while our other members worked out alongside them. Now they have their own space in a Personal Training room specific for paying clientele.' Said Corinn Raffel. GM.

Additionally, Loggerhead took over 2000 more square feet from what was Seagull's Diner, creating a private, state of the art fitness/aerobics room. The room offers private FOB entry, cutting edge audio and visual equipment, a floating wood floor and small stage for instructors. 'This may end up being a place to hold non-fitness classes or lectures down the road for other local businesses as well. It's not every day that we can devote the time and money to this type of growth, so we're trying to think ahead of what our future needs may be.' Said Rick Opton, owner.

Stay tuned for an Open House come season where locals can check out the space and workout for free.

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Loggerhead Fitness is located at 901 Donald Ross Road, Juno Beach, FL 33408, 561.625.3011