



January 22, 2024

Greetings members and friends,

You are receiving this letter because you are an active member of Loggerhead Fitness paying regular monthly dues or you are paying a monthly freeze fee.

Our 2024 uplift fee was billed on Jan 22nd. It is \$55 for individuals and \$85 for families.

Our uplift fee helps us pay for new equipment as well as facility and infrastructure improvements throughout the year. In the coming weeks we will start 2024 improvements. Each year we work on replacing aging equipment, such as benches and racks. We order small hand weights, dumbbells, kettlebells, mats, balls, bands, ropes and more. Upholstery work will happen to fix seats and pads that are showing wear and tear. The table in the massage room needs work and we will finish adding decals to wall areas painted over the summer.

The two biggest projects have already started:

- Cardio Equipment Track and TVs – The black plywood raceway that covers the cables and power cords for the cardio line will be replaced with a modern contemporary track to house all cables and electrical boxes. This will allow us to reactivate the integrated TVs that are in the seven ellipticals.
- Sauna refurb work. Ladies Sauna has a new heater on order to replace the one that just broke. Both Saunas to get a facelift.

You can follow our improvements by checking out our UPLIFT page at:

<https://loggerheadfitness.com/uplift-news/uplift2024/>

Your uplift fees work.

Thank you,

Rick Opton
Owner/GM – Loggerhead Fitness

